

Monkeypox Facts

The White House has declared monkeypox a public health emergency. Educating yourself about monkeypox can help protect yourself and others.



MONKEYPOX IS NOT NEW

Monkeypox was discovered in 1958 and historically outbreaks have resolved on their own. To date, experts do not know the cause of the 2022 outbreak.



WASH YOUR HANDS

One of the best ways to prevent monkeypox is to wash your hands and sanitize regularly - especially when in public places.



THERE IS A VACCINE

The CDC recommends vaccination for people who have been exposed to monkeypox and people who may be more likely to get monkeypox.



SYMPTOMS CAN VARY

Rashes can occur on your arms, hands, genitalia and inside your mouth. However, other symptoms such as flu-like symptoms are common.



IT'S NOT AN STI

Monkeypox can spread via sexual intercourse, but it can also spread by touching an object that was touched by a person with monkeypox.



MONKEYPOX CAN HEAL

Most people with monkeypox recover fully within 2 to 4 weeks without the need for medical treatment.

