YOUR ANNUAL FLU SHOT IS MORE IMPORTANT THAN EVER



UNVACCINATED

During the 2021–2022 FLU season, many people were left unprotected against FLU^a:







OF ADULTS

^aCDC estimates for children aged 6 months to 17 years were recorded in April 2022; for adults aged 18 years and older, estimates were recorded mid-March 2022. Note: CDC estimates are subject to change.

According to the CDC, between October 1, 2021 and June 11, 2022,

there were up to^b: : **~13 MILLION** : FLU CASES

: ~14,000 : DEATHS -170,000 HOSPITALIZATIONS

~6.1 MILLION

MEDICAL VISITS



^bThese are CDC estimates from the 2021–2022 flu season and are subject to change. CDC=Centers for Disease Control and Prevention.

Your annual FLU shot helps protect you from FLU and its potentially severe outcomes. FLU can lead to:



Potentially life-threatening complications, including pneumonia and severe heart issues



Making preexisting conditions worse, including heart and lung disease



Having to take time off work, which can impact income and productivity



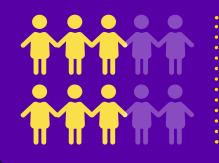
Infecting others, including those who may be more vulnerable

SCHEDULE YOUR FLU SHOT TODAY

RECEIVING BOTH A FLU VACCINE AND COVID-19 VACCINE IS ESSENTIAL:

While FLU and COVID-19 have some similar symptoms, they require different vaccines. If eligible, help protect yourself against both viruses by receiving each vaccine in a single visit.

Coinfection with FLU and COVID-19 can be dangerous



In a study conducted during the 2020 COVID-19 pandemic, more than half of 307 adults aged 40+ were coinfected with FLU and COVID-19.

The adults who had both influenza B and COVID-19 experienced increased risk of death and more severe outcomes.^a

^aStudy was conducted between January 12, 2020, and February 21, 2020, in Wuhan, China.

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Frequently asked questions about receiving a FLU shot and COVID-19 vaccine together:

Can I receive my FLU shot and COVID-19 vaccine at the same time?

Yes, eligible patients can receive a FLU vaccine and a COVID-19 vaccine at the same time.

Even though both vaccines can be administered during the same visit, people should follow the recommended schedules for both vaccines.

Will my FLU shot and COVID-19 vaccine be less effective if they are given at the same time?

While limited data exist on giving COVID-19 vaccines with other vaccines, including FLU vaccines, experience with giving other vaccines together has shown the way our bodies develop protection and possible side effects are generally similar whether vaccines are given alone or with other vaccines.

ASK YOUR PROVIDER IF YOU ARE ELIGIBLE TO RECEIVE BOTH A FLU AND COVID-19 VACCINE TODAY

